

Babcock Helensburgh 10K

Thursday 5th May, 7.30pm

Race Headquarters:

Hermitage Academy, Cardross Road, Helensburgh G84 7LA.

Travel:

Limited onsite parking please arrive early, overspill parking in surrounding streets. Please avoid Old Luss Road where the race starts and please park considerately.

Closest Station:

Craigendoran on the Helensburgh line, approx. 4 mins walk.

Facilities:

Changing, showers, toilets, catering, Help Desk, swap desk, Series back-pack issue, bag drop and presentations.

Assembly before start:

7.15pm in front of school to walk 200m to start at Old Luss Road/Cardross Road

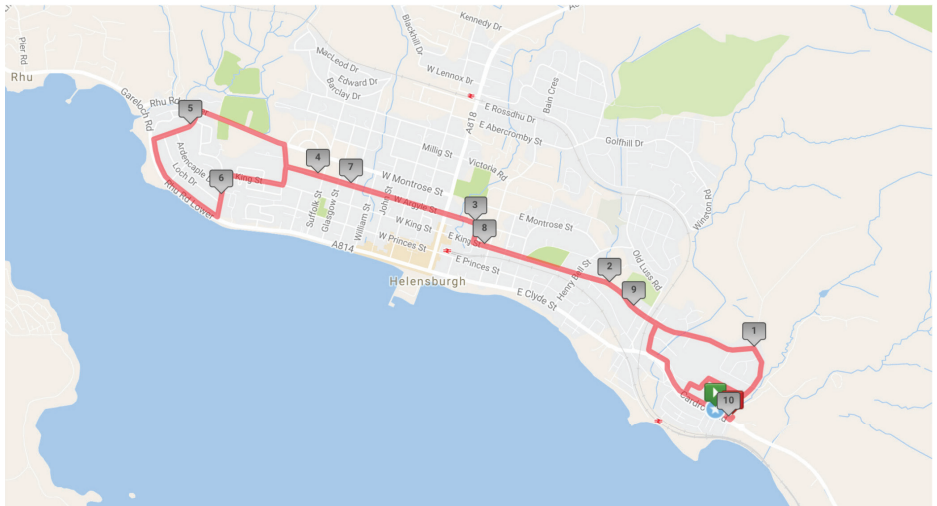
Last Year's Winners:

Weynay Ghebresilassie, Shettleston: 29.32
Annabel Simpson, Fife: 34.49

Course Records:

Weynay Ghebresilassie, Shettleston: 29.32, 2019
Annabel Simpson, Fife: 34.49, 2019

Course Map:



Road Closures:

The approximate timings of road closures between 7.20pm and 8.35pm will be:

- Start on Cardross Road via Red Gauntlet Road to railway bridge at Old Luss Road 7.20-7.45pm and then 7.55-8.30pm.
- Old Luss Road along East King Street to Grant Street 7.35-8.30pm.
- Grant Street, via East and West Argyle Street to Woodend Street 7.40-8.20pm.
- Woodend Street via Rhu Road Higher to Cumberland Avenue 7.40-8.20pm.
- Cumberland Avenue, via Rhu Road Lower and Cairndhu Avenue to West King Street 7.45-8.10pm.
- Top of Cairndhu Avenue along West King Street to Woodend Street 7.50-8.20pm.
- Talisman Crescent, Cardross Road to finish at Hermitage Academy 7.25-8.35pm.