



Dear Local Resident,

Here at Helensburgh Amateur Athletic Club we are busy getting ready for the Babcock Helensburgh 10K which will be held on Thursday 5th May 2022 starting at 7.30pm. The route passes your house and we hope it doesn't cause you too much inconvenience. This is the first event we have been able to stage since 2019.

This year, for the first time, the Council have required us to have a TTRO [Temporary Traffic Regulatory Order] which will mean a series of 'rolling road closures' around the course, as the race progresses. I have attached a map of the course for your information and rest assured we will endeavour to minimise the impact on local residents and motorists alike.

The approximate timings of road closures between 7.20pm and 8.35pm will be:

- Start on Cardross Road via Red Gauntlet Road to railway bridge at Old Luss Road 7.20-7.45pm and then 7.55-8.30pm.
- Old Luss Road along East King Street to Grant Street 7.35-8.30pm.
- Grant Street, via East and West Argyle Street to Woodend Street 7.40-8.20pm.
- Woodend Street via Rhu Road Higher to Cumberland Avenue 7.40-8.20pm.
- Cumberland Avenue, via Rhu Road Lower and Cairndhu Avenue to West King Street 7.45-8.10pm.
- Top of Cairndhu Avenue along West King Street to Woodend Street 7.50-8.20pm.
- Talisman Crescent, Cardross Road to finish at Hermitage Academy 7.25-8.35pm.

Our race forms part of the Babcock 10K Series, formerly the Polaroid 10K series, which is the oldest road running race series in Scotland. As such it has become an important fixture in many Scottish runner's calendars. It also helps to showcase Helensburgh and hopefully encourages runners from further afield to return and enjoy the towns amenities.

I hope that we can enjoy your support again this year and would also ask that, if possible, you could avoid parking on the road from around 6pm please?

We have a mixed field of runners this year from first timers to experienced athletes so I hope you are able to enjoy a prime view of the race.

Kind regards,

Debbie

Debbie Savage

Race Director

Babcock Helensburgh 10K

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